

activation

Kia Ora.

Welcome to our Upper Hutt Sports Clubs' monthly newsletter. This is a space where the latest resources from the sport and recreation sector are shared, this includes funding opportunities, research, and working group information. The newsletter will be distributed to key contacts within the sector, please share this with your committee, and your school/club community.

Ehara tāku toa I te toa takitahi, engari he toa takitini - My strength is not as an individual, but as a collective.

Ngā manaakitanga.

Teresa Shailer - Recreation Advisor Clubs and Schools
Activation, Upper Hutt City Council

Maidstone Park Expressions of Interest



Upper Hutt City Council is seeking expressions of interest (EOIs) for the long-term occupation of the land at 1 – 23 Maidstone Terrace and 23 Railway Avenue: bordering Maidstone Park.

They are looking to maximise recreational benefits and opportunities for the wider Upper Hutt community and are inviting proposals from organisations that could develop and occupy this land.

They welcome proposals which include commercial recreational ventures and/or community-based clubs and sporting organisations.

For more information, or to submit an EOI check out the [website](#).

Applications close 12pm Tuesday 10th October 2023

The Value of Community Sport



The benefits of being involved in sport are far-reaching. For participants, research shows that sport is a form of recreation that makes us happier, healthier people. At a community level, we know sport is a great connector.

There is no doubt that community sport creates a culture that helps to grow people's identity, sense of belonging, and connection to their community. "It really does help people to feel like they are contributing to something bigger than themselves, and allows them to have a sense of pride and gratitude for making a difference to others and the community,"

The flow-on from connection is massive for our communities to care for each other again, he says: "If anything, COVID-19 has reinforced to people the importance of volunteering their time within their community, in order to help with their mental well-being. Contributing to something like community sport helps them know that they still have value and worth."

To read the full article, click [here](#)

Tū Manawa Open Fund



Tū Manawa Active Aotearoa provides funding for programmes or projects delivering play, active recreation, and sport experiences for tamariki and rangatahi. These may be new or already operating.

Open Fund applications are assessed by a Community Decision Making Panel (a mix of internal Nuku Ora staff and external panel members)

- No funding cap on how much can be applied for
- Three Open Fund Rounds over the next 12 months

The final funding round for 2023 opens October 27th and closes November 10th 2023

Check out the [website](#) to see if your organisation is eligible to apply.

Sporting Chance & Arts Participation Fund



Sporting Chance and the Arts Participation Fund are two funds set up by Upper Hutt City Council, which aim to assist young people aged 5-18 years old, where financial hardship, as a result of COVID-19, is a barrier to participation in sports and physical activity and/or in art and culture.

An easy online application, where applicants can receive up to \$500 towards participating in their chosen sport. The applications can be found on the website.

Check out the [website](#) to see if you or your whanau are eligible to apply.

Future of Sport for Rangatahi in NZ

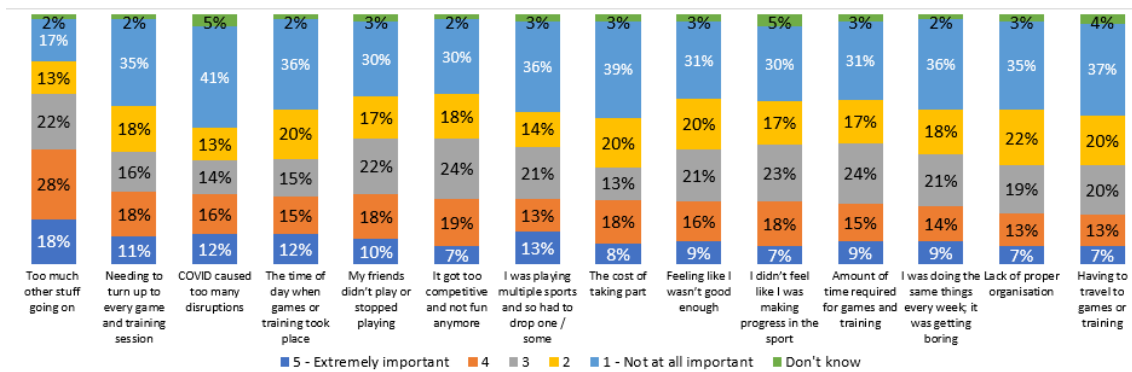
Research report

Over the next few issues of the monthly newsletter, I will be providing some feedback from the Future of Sport for Rangatahi in NZ. This research was conducted in 2022 and was recently released to the public.

This month the focus is different barriers (generated from the qualitative research) and asked them to rate how important each one was in their decision to stop playing.

The graph below displays the importance of reasons in decision to stop playing particular sport. The most decisive one is a lack of time due to other things going on rated high by 46%

To read the full report click [here](#)



Power Up Parents Booklet



Good Sports is a culture change initiative aiming to create positive sporting experiences for children by educating and supporting the key adult influencers

in youth sport – in particular, parents.

Incorporating the principles of Balance is Better and Good Sports Wellington Region, the Power Up Parents Booklet aims to power up our parents as a means to raise awareness on the role of adults and their behaviour to help young people reach their full potential through participation in sport.

You can download your own copy of the booklet [here](#), and you can find out more about the Good Sports initiative on the Sport NZ [website](#).

Club Events



If you have any open days, or events for your club, you can share these with me via email and I can upload them onto the Upper Hutt Council events page for you. Additionally, I will put the link to the event in our weekly "what's on" post on Facebook.

Activation will also begin planning summer events for the U-Play series that is held in January, if your club would like to support this and host an event please email me teresa.shailer@uhcc.govt.nz.

Bike Recycling Project



The Bike Recycling Project provides refurbished bikes to children, youth and adults who may not otherwise have access to safe, quality bikes.

The initiative is a true community partnership with several organisations working together, from the team at Menzshed Upper Hutt and Get Fixed Bicycle Café who work on refurbishing the donated bikes to Greater Wellington Regional Council who support schools with cycling skills and education through their *Pedal Ready* programme. They also recently gifted helmets to Fergusson Intermediate School to accompany the bikes. The Heretaunga Bookfest Charitable Trust (formerly Rotary) provided financial support and the Bike on New Zealand Charitable Trust provided helmets.

If you or someone you know needs a bike, but is not in a position to purchase one, you can complete an online nomination by applying [here](#).

All Star Of The Week Certificates



Upper Hutt City Council, Kapiti Coast, Porirua, and Hutt City Councils support the All Star of the Week certificates. The certificates entitle the child to a free pool entry at any of the corresponding council pools. Upper Hutt City Council are utilising Fulton Pool whilst H2O Xtream is undergoing a major upgrade.

If you would like some certificates to hand out to the tamariki during their sporting season please contact [Teresa](#) to order them.

Teresa Shailer

Rec Advisor - Clubs and Schools

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ACTIVE RECREATION

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Āta whakaarohia a Papatūānuku i mua i tō tānga i tēnei Īmēra



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