

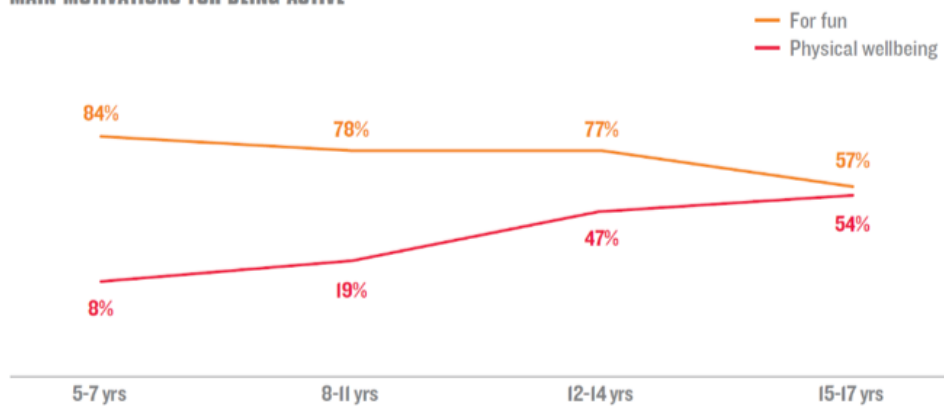


# Youth and Sport Research

Between the ages of 15 to 17, motivation for being active changes, there is a shift from participating mainly for fun to participating for physical wellbeing as well.

“I like having fun with my friends and meeting new people who are interested in the same sports as me.”<sup>2</sup>

MAIN MOTIVATIONS FOR BEING ACTIVE



Young people value sport. So why do participation rates consistently drop at similar ages? In this article, [Sport New Zealand](#) through their balance is better program presents research that delves into the influences of participation.

## Funding



### Smaller Project Fund

For applications of funding smaller than \$10,000.

**Now Closed**

Next Smaller Project Fund Round opens 11 November 2022

## ***Smaller Project Fund opens Nov 11th***

Nuku Ora's Tu Manawa Smaller Project fund Fund opens November 11th! This fund supports initiatives for applications of funding up to \$10,000. The applications close on 25th November 2022. Over 40 clubs and organisations were approved between July 2021 and June 2022, see the list [here](#)

Visit the funding [webpage](#) on the Nuku Ora website for more information and details of the application process.

## ***DIA community grants***

[Granted](#) have produced an interactive table to view previous successful funding applications. A total of \$5,391,709 was funded in the Hutt community in 2021 with \$3,988,717 provided in the sport sector and over 150 clubs receiving funding.

Follow the link at the end and the file will provide you with information to help with your application - [what you need to know](#).

There are multiple organizations that provide funding, here is a list of gaming machine societies that you can apply to for funding - [Society Websites](#).

## ***Crowd Funding opportunities***

[Boosted Sport](#) are there to help organisations set up fundraising projects, and it doesn't matter if you haven't tried crowdfunding before, they will help you get underway. Whether its new equipment, facility upgrades or team travel, they are able to help grassroots sport and recreation organisations raise the money they need through a crowdfunding platform you can trust.

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# Resources

## *Legal Issues and Volunteers - are you up with the play?*



Proposed changes to the Incorporated Societies Act 2022

What does this mean for you? That there will be legislative changes with the Incorporated Societies Act 2022 which will impact volunteer club members who will need to ensure they are compliant when the act comes into place. These changes will be covered in Community Law's Charitable Entities Session on 8th November (12-1:30pm) where a partner and solicitor from MinterEllisonRuddWatts will be specifically discussing how the changes to the Incorporated Societies Act will impact local groups.

To attend the ***Requirements of being a charitable entity*** session click [here](#). For further information email [Julie](#) at Volunteer Wellington.

## ***Connecting with Volunteers***

Nuku Ora is excited to launch the [Be Collective](#) volunteer management platform, to start helping the physical activity sector in the wider Wellington region to recruit, engage, and manage volunteers.

For more information contact [Matthew Ruscoe](#) at Nuku Ora.

## ***Volunteer Management Toolkit***

The purpose of the Active Volunteer Management Toolkit is to provide information, insights and ideas that will assist organisations to find and look after volunteers who can help to deliver their sport or activity.

It can be tailored and implemented as each club/code sees relevant, check out your copy [here](#).

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## Other opportunities



Nuku Ora, is excited to announce the [Regional Conference 2022](#), a conference for the sport and recreation sector.

**Wellington on Wednesday 7 December at the Habourside Function Centre.**

The topics for the conference are **integrity and inclusion**. Key speakers will take a deep dive into disability and gender inclusion, providing you with tools to ensure your physical activity is inclusive for all, modern, and fit for purpose.

Early bird price from \$140 per person + GST.

Available until November 6th.

### *Governance workshops*

A graphic for the Governance 101 Workshop. It features a purple background on the right with white text, and a photograph of an open book and a pen on the left.

**Governance 101 Workshop**  
8 November 5.30pm – 7.30pm  
Nuku Ora Office, Level 1, 223 Thorndon Quay  
The Governance 101 Workshop will explore best practice models. And guide you to develop governance processes enabling you to deliver on your specific mission. This workshop is **FREE** and includes a light supper.

A graphic for the Governance 201 Workshop. It features a purple background on the right with white text, and a photograph of a stack of books and a pen on the left.

**Governance 201 Workshop**  
28 November 5.30pm – 7.30pm  
Nuku Ora Office, Level 1, 223 Thorndon Quay  
This Governance 201 Masterclass is for those who feel they have a good grip on governance and are looking for additional skills to build and operate as a high-performing governance team. This workshop is **FREE** and includes a light supper.

Good governance is critical to building strong organisations and delivering quality opportunities for participants across our region. Success starts at the top, and we know that most people in governance roles across our region are volunteers.

People volunteer to do good work. The resources are designed to help your board do exactly that and ensure that members get enjoyment and satisfaction from their efforts and the time they give generously.

You can either click on the images above to find out more information and to register OR email [Matthew](mailto:Matthew) at Nuku Ora and he can assist you with this.

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## All Star of the Week Certificates

Upper Hutt City Council continues to support the "Go the H2O" All Star of the Week initiative which rewards our tamariki with a free pool pass to any Council pool. The initiative was started by Healthy Families Hutt Valley and has recently welcomed a new sponsor in Rimutaka Prison Print Room who now print the certificates for the the entire Wellington region. If you would like to order certificates for your upcoming junior season as an alternative to the traditional takeaway vouchers then please [contact us](#).



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## Activation update

# activation

### *Team update*

2022 has seen a few changes within the Activation team, Tom left in May to carry on with his passion for cricket, and the Activation team have expanded to 5 members:

Brent - Activation Team Leader

Cat - Recreation Advisor - Community (currently on maternity leave)

Emily - Recreation Programme Coordinator

Mel - Play Advisor

Teresa - Recreation Advisor - Clubs and Schools

You can find out a little bit more about our team on our [Activation](#) team page

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## Final word

Congratulations to all our Winter codes who are wrapping up for the season for a much needed break and good luck to our Summer clubs who are about to tip off.

If your club has any feedback on what you'd like to see in these newsletters or if you have any specific assistance such as coaching or volunteer workshops, funding assistance that you would like to be included, then please don't hesitate to [contact us](#).

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**Teresa Shailer**  
**Rec Advisor – Clubs and Schools**

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Pae Tukutuku: [www.activation.org.nz](http://www.activation.org.nz) | Pukamata: [www.fb.com/ActivationUH](https://www.facebook.com/ActivationUH)

*Āta whakaarohia a Papatūānuku i mua i tō tānga i tēnei Īmēra*

**activation**  
**ACTIVE RECREATION**